

SDRMA Health Benefits District Digest – September 5, 2024

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2024/25 SDRMA Open Enrollment Webinar & 2025 Benefit Plan Changes

Register today for our upcoming 2024/25 Health Benefits Open Enrollment Zoom webinar on **September 19, 2024, at 11:00 PST**. Content will include the programs SDRMA offers, updated rate information, information on changes necessary to submit, valuable health benefits resources overview, and more. See below to register. If you are not able to make it to the live webinar, we will record the presentation and make it available **SDRMA's Vimeo page**. Please stay tuned!

We Want to Hear from You - We would love for our medical groups to share your ideas on how you educate and communicate Livongo, Carrum Health, Hinge Health and/or Kaiser Diabetes Management programs to your employees. Please email your ideas to Alana Little at alittle@sdrma.org by no later than **September 13**.

As a reminder, the 2025 Benefit Plan Changes were due August 14th; however, if your agency has any changes to submit, please email healthbenefits@sdrma.org ASAP. (NOTE: SDRMA cannot guarantee late submissions will be accessible in time for Open Enrollment).

[Register Now](#)

Medical Wellness Funds – Enter to Win!

If your agency offers medical benefits through SDRMA, you are eligible to enter into the SDRMA Medical Wellness Funds raffle! Entering is easy, simply complete all three steps below:

- Attend the Open Enrollment webinar
- Obtain the special code (provided during webinar)
- Email code and agency's Plan of Action to alittle@sdrma.org by **October 14**.

NOTE: Plan of Action must include ways your agency communicates programs like Livongo, Carrum Health, Hinge Health and/or Kaiser Diabetes Management) to your employees.

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2025 Health Benefits Brochure with Rates – Now Available

Log into **MemberPlus** to access the *2025 Health Benefits Brochure*, conveniently located on the Health Benefits landing page.

Brochure highlights include:

- 2025 rates for medical, dental, and ancillary benefits - effective January 1, 2025
- 2025 Kaiser Permanente Senior Advantage (KPSA) rates for retirees
- 2025 Concern+ First Responder Renewal Info
- VOYA Long-Term Disability Benefits – Additional Options

2025 Kaiser Permanente Senior Advantage (KPSA) Rates

KPSA rates are guaranteed until January 1, 2026 and a rate increase for plans will be effective January 1, 2025 at 7.65%. If you are an agency who offers KPSA retiree coverage, please refer to the note on page 16 of the brochure about KPSA service areas/regions to ensure your future retirees are eligible to enroll in a KPSA plan *prior to* submitting the enrollment to SDRMA. You can also refer to the *KPSA Process* document located in **MemberPlus** on the *Health Benefits Document* page, under Kaiser-specific documentation.

2025 Concern+ First Responder Renewal - Effective January 1, 2025

The 2025 Concern+ First Responders rates (guaranteed until January 1, 2026) are in and due to higher-than-expected utilization and pent-up demand, has brought the rate in at an increase of 28.6%. As a reminder, these rates are only applicable to agencies that offer the Concern+ First Responders benefit and apply only to employees classified with SDRMA as First Responders.

VOYA Long -Term Disability Benefit - Additional Plan Options

Effective January 1, 2025, SDRMA will offer additional options for VOYA Long-Term Disability (LTD) plans (Option 3 and Option 4). The new plan options have an increased monthly maximum benefit of \$10,000! For plan/rate information, refer to the SDRMA Health Benefits brochure.

- Page 28 lists options/rates for agencies that have 10 or more employees
- Page 29 lists options/rates for agencies that have less than 10 employees

Please email us directly at healthbenefits@sdrma.org if you would like to change your current LTD offering with SDRMA or add LTD as a benefit.

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Concern Newsletter: September 2024

The Concern September 2024 Employee Assistance Program newsletters are available via the below link. This month's newsletter is about the power of hope. Please ensure the newsletter is shared with your employees, especially if your agency offers the Concern EAP benefit through SDRMA.

Newsletter
English

Newsletter
Spanish

Medical and Ancillary Monthly Billing: October 2024

The October Medical and Ancillary billing is now available in **MemberPlus** as one single invoice with all benefits combined. Friendly reminder that *payment is due in full by September 22, 2024.*

To view your agency's invoice, please log into **MemberPlus** and click on *HB Invoices* from the Health Benefits landing page. *ACH Payment Processing* instructions can be found in the portal. For your convenience, a link to download the combined invoice and/or export the invoice transaction is also available.

Please remember, payments not made via ACH must be remitted to:

Special District Risk Management Authority
P.O. Box 15677, Sacramento, CA 95852

If you would like to request a copy of the invoice to be mailed to you, or you have questions about the invoice, please contact us at healthbenefits@sdrma.org or 800.537.7790.

DID YOU KNOW

Conference Season Is Upon Us – Let's Connect!

During the next couple of months, the industry provides several amazing opportunities to network and learn more about the risk management and health benefits space with our closest peers. Next week, we have SDRMA staff attending the CSDA Conference and CAJPA. In November, SDRMA will be hosting a booth at CalPELRA in Monterey, CA (11/12/2024-11/15/2024) ~ please visit us at Booth #43. More information below:

Info/Registration

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FRIENDLY REMINDER

MemberPlus Portal and Utilization of Bell Alerts for Important Call to Action Items

SDRMA's **MemberPlus** portal is a great resource for all your benefits needs. The portal will provide you with your agency specific benefit information, enrollment forms, the most up to date brochures/rates, and so much more!

Be sure to log in during the month of September and check your bell alerts for Open Enrollment information/documents pertaining to your agency specific benefit offerings.

Please check your bell alerts on a regular basis as updates are made often.

MemberPlus

Questions? Give us a call at 800.537.7790 or email us at healthbenefits@sdrma.org.

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